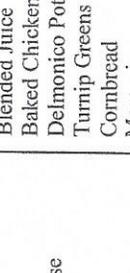


OCTOBER

ADSS NUTRITION PROGRAM

FALL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Menu 1</u> Swedish Meatballs (3) Yellow Rice Buttered Carrots Tropical Fruit Whole Wheat Bread Margarine Fudge Round Milk</p>	<p><u>Menu 2</u> Grape Juice Chicken Pot Pie Country Corn Rosey Applesauce Wheat Roll Margarine White Cake Milk</p>	<p><u>Menu 3</u> Meatloaf/Tomato Gravy Whipped Potatoes Mustard Greens Fresh Fruit Cornbread Margarine Orange Pineapple Gelatin Milk/Buttermilk</p>	<p><u>Menu 4</u> Apple Juice Hot Dog/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 5</u> Cranberry Juice Baked Ham/Pineapple Sauce Whipped Sweet Potatoes Lima Beans Wheat Roll Margarine Marble Pudding Milk</p>
<p>Columbus Day  Centers Closed</p>	<p><u>Menu 7</u> Orange Juice Sausage Patties (3) Cheese Grits Hot Sliced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk</p>	<p><u>Menu 8</u> Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Sour Cream Lime Gelatin Milk</p>	<p><u>Menu 9</u> Blended Juice Baked Chicken Thigh Delmonico Potatoes Turnip Greens Cornbread Margarine Chocolate Cake/Whipped Topping Milk/Buttermilk</p>	<p><u>Menu 10</u> Sweet and Sour Pork Fried Rice Green Beans Fresh Fruit Texas Bread Margarine Fudge Brownie Milk</p>
<p><u>Menu 11</u> Chopped Steak/Gravy Country Potatoes Mixed Vegetables Pineapple Tidbits Whole Wheat Bread Margarine Chocolate Marshmallow Pie Milk</p>	<p><u>Menu 12</u> Blended Juice Mesquite Chicken Drumstick (2) Corn O'Brien Spinach Texas Bread Margarine Cherry Fruited Gelatin Milk</p>	<p><u>Menu 13</u> Orange Juice Chili with Beans Buttered Rice Sliced Peaches Saltine Crackers Margarine Yellow Cake Milk</p>	<p><u>Menu 14</u> Cranberry Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Fig Bar Milk/Buttermilk</p>	<p><u>Menu 15</u> Smoked Sausage Scalloped Potatoes Peas and Carrots Fresh Fruit Diced Onions Hot Dog Bun Mustard/Ketchup Oatmeal Crème Pie Milk</p>
<p><u>Menu 16</u> Grape Juice Chicken Taco Soup Mexican Rice Mixed Fruit Saltine Crackers Margarine Nutty Buddy Milk</p>	<p><u>Menu 17</u> Hamburger/Bun Hawaiian Baked Beans Baked Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 18</u> Apple Juice Italian Mac Casserole /Whole Grain Pasta Italian Green Beans Tossed Salad/Ranch Dressing Texas Bread Margarine Marble Cake Milk</p>	<p><u>Menu 19</u> Cranberry Juice Breaded Chicken/Mushroom Gravy Butter Beans Mixed Greens Cornbread Margarine Banana Pudding/Wafers Milk/Buttermilk</p>	<p><u>Menu 20</u> Chicken Supreme Broccoli/Cheese Sauce Okra and Tomatoes Fresh Fruit Wheat Roll Margarine Cranberry Sauce Pecan Spin Milk</p>
<p><u>Menu 1</u> Swedish Meatballs (3) Yellow Rice Buttered Carrots Tropical Fruit Whole Wheat Bread Margarine Fudge Round Milk</p>	<p><u>Menu 2</u> Grape Juice Chicken Pot Pie Country Corn Rosey Applesauce Wheat Roll Margarine White Cake Milk</p>	